



# **OGGI MI SENTO...**

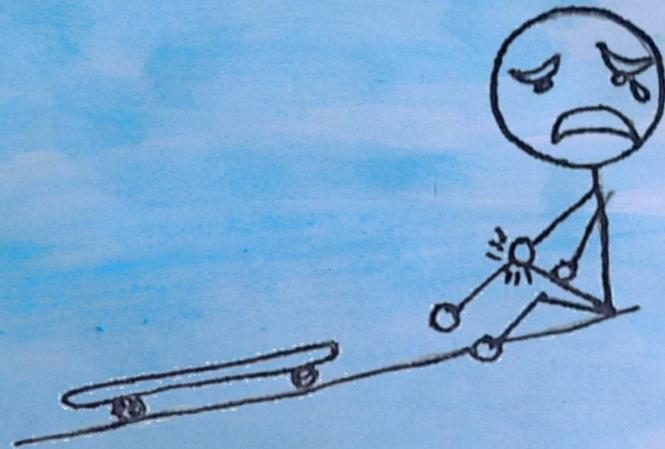
Riconosci le tue emozioni

2 Aprile 2022  
Giornata mondiale per la consapevolezza sull'autismo



**TRISTEZZA**

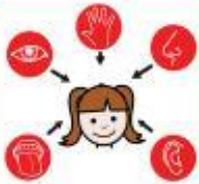
**Mi sento triste quando...**



**Mi faccio male**



MI



SENTO



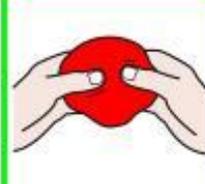
TRISTE



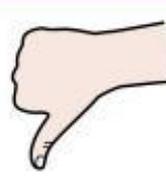
QUANDO



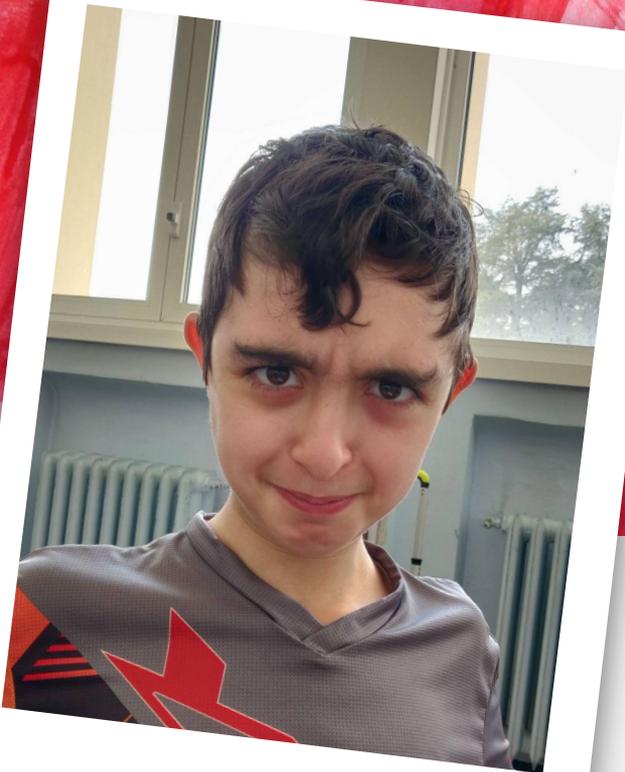
MI



FACCIO



MALE



**RABBIA**

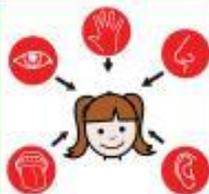
**Mi sento arrabbiato  
quando...**



**litigo con i miei  
amici**



MI



SENTO



ARRABBIATO



QUANDO



LITIGO



CON

i

I



MIEI



AMICI



**DISGUSTO**

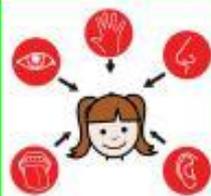
**Mi sento disgustato  
quando...**



**mangio un cibo che  
non mi piace.**



MI



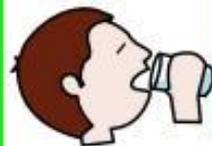
SENTO



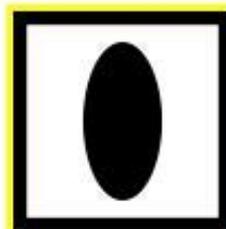
DISGUSTATO



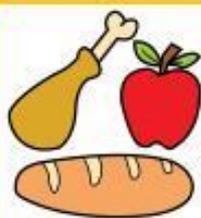
QUANDO



MANGIO



UN



CIBO



CHE



NON



MI



PIACE



**INVIDIA**

# Mi sento invidioso quando...



"Il suo gioco è più bello del mio tutti vogliono giocare"  
"Quanta invidia che provo nei suoi confronti"

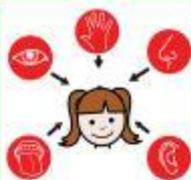


"Ciao ragazzi venite a giocare con me guardate che bel peluche che ho"

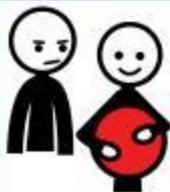
**Il mio amico ha un gioco più bello del mio.**



MI



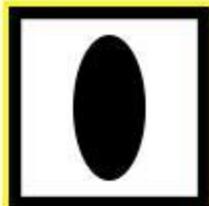
SENTO



INVIDIOSO



QUANDO



UN



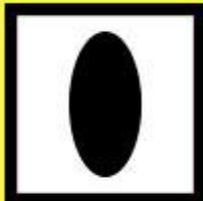
MIO



AMICO



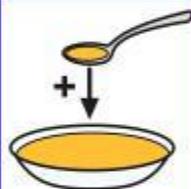
HA



UN



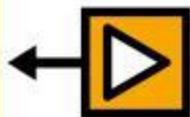
GIOCO



PIÙ



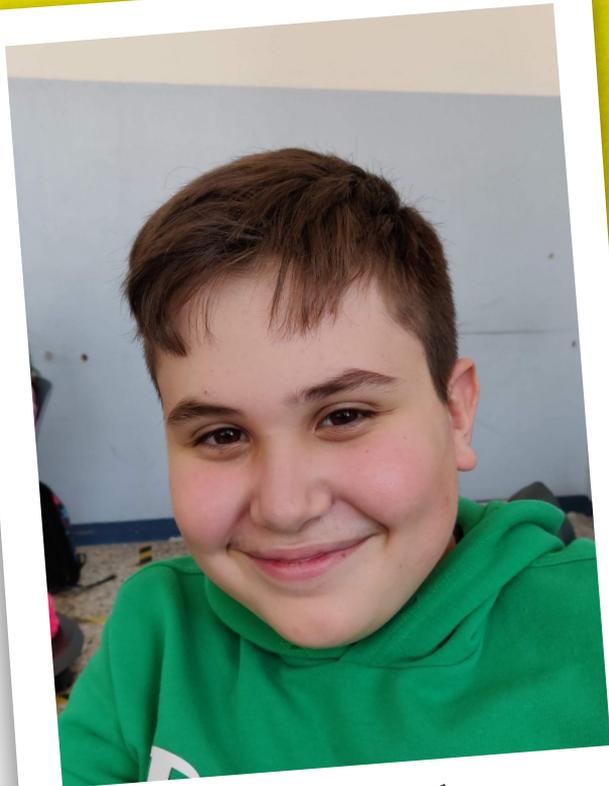
BELLO



DEL



MIO



**FELICITA'**

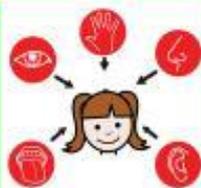
**Mi sento felice  
quando...**



**ricevo un bel regalo!**



MI



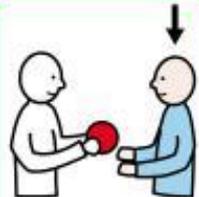
SENTO



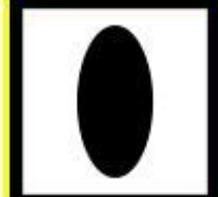
FELICE



QUANDO



RICEVO



UN



BEL



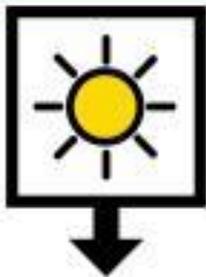
REGALO



**E TU, OGGI,  
COME TI SENTI?**



tu



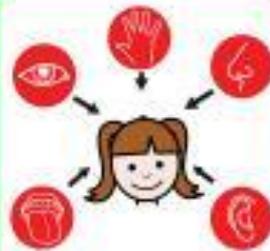
oggi



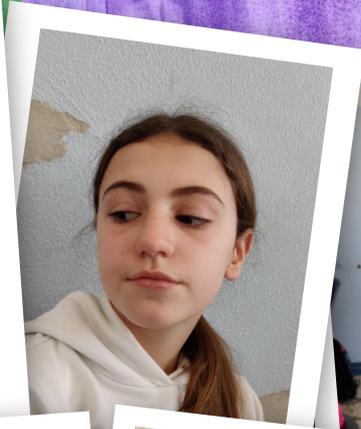
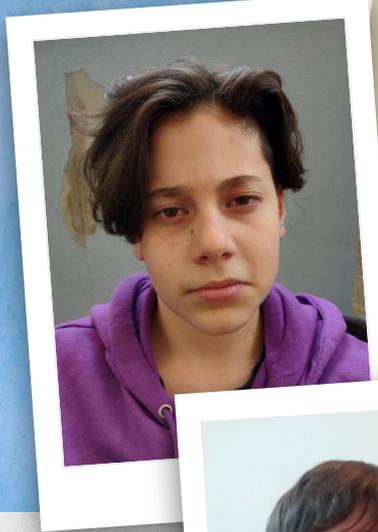
come



ti



senti?





**GLI ALUNNI DELLA 1<sup>^</sup> H  
A.S. 2021/2022**

Prof.sse Alessandra Augelli e Nicoletta Saveri